

Hold It Down

Noah Kahan

I'm spinning in circles by the street, out of light
With every excuse, I'm falling behind
Now watch me self destruct, right on time
I built up every wall, I then climb

When real life ain't nothing but anger and doubt
And failure's a stranger we all dream about
I hold it down, I hold it down

So tell my doubts I'm comin' home
And put my failures on the phone
Hold it down, let it go
I gave up my soul without knowing the stakes
And now I'm feeling a hole, with falls herding shape
You told my guilty skin will turn to stone
Lord, I'm a man of sin, now that I know

When real life ain't nothing but anger and doubt
And failure's a stranger we all dream about
I hold it down, I hold it down

So tell my doubts I'm comin' home
And put my failures on the phone
'Cause real life ain't nothing but anger and doubt
And failure's a stranger we all dream about
I hold it down
I'm looking for answers, but lost in my head
Now I reach into darkness and take what I get
I hold it down

I hold it down, I hold it down
I hold it down, I hold it down

So tell my doubts I'm comin' home
And put my failures on the phone
Hold it down, let it go