

# A Troubled Mind

Noah Kahan

I told you love if you could see it through my eyes  
You'd understand my fear of everything in sight  
I know I'd quickly sell my heart for some advice  
On how to ease a troubled mind

My brain's a dog asleep that I cannot let lie  
Cloudy head though I can't find a single silver lining  
Guess there is no hope for me in sight  
To ease this troubled mind

I worry for the sun  
Yes I worry for the snow  
I worry I'll die young  
While I worry I'll grow old  
Oh I worry for the time I spent worrying alone  
It makes me sad  
It takes me back  
I break in half  
Oh, I break in half

I took a bus out to the city where you lived  
Eavesdropped on strangers conversations with their kids  
In hopes that maybe they'd say something relevant  
To ease my worried head

Well every mile that passed just amplified the fear  
I started counting all the times I saw you last year  
And suddenly it all became so clear  
It was sadly making sense

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