

Anger

Nina Nesbitt

Oh, I've got this anger inside me
And I don't know what to do
Yeah, it creeps up and I'm reminded
That I just can't shake it loose
It's like it hides somewhere in the darkness
And it comes out of the blue
Oh, you told me I'm not pretty when I swear
Well, fuck you

So I drove out down to the ocean
Just to scream out into the wind
There were kids with ice cream cones
On their bikes, so I smiled as I passed by them
Tried to kick box somewhere in Soho
But they said that I'm just too weak
Still I got this anger inside and I can't seem to set it free

Oh my, my
Take hold of my heart and set it free
Oh my, my
Tear it all apart and let it be
'Cause I've got this anger inside me
And it brings me to my knees
Oh my, my
Take hold of my heart and set it free

Tried to drink 'til the feelings lifted
But I cried on way back home
So broke all the plates in kitchen
Had the neighbour calling up my phone
All the things that I've kept buried
Well, they haunt me when I'm alone
Wrote a thousand pages, I meditated
But I still can't let it go

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I've got all these feelings that I can't depict
Like people living in my house that I can't evict
I got my middle finger sitting on a faulty switch
It's kinda like I'm tryna reason with a narcissist
I wanna share it the world but it's nuclear
I'm coming crashing down like I'm a fucking meteor
Oh my, my
Take hold of my heart and set it free