

(Yo, can I borrow your phone charger? I'm on 2%)

Scrolling through my phone
Leaving my home to meet a girl that I don't know
Looks like a model, asked for a follow
Swipe up for my discover code
And I pretend that I like it
Making small talk about the climate
Can tell she's been wondering all night
If I'm alright

I get a little inside my head, and I don't know why
Feeling like I might as well be dead, it's fine
I don't sleep, but I try, sorry didn't reply
Been busy wasting time online
Still settling in this modern paradise
I get a little inside my head, and I don't know why

I'll take a photo of me at my show just so everybody knows
I'm in a cool band, talking to my fans
But when I go home alone
I pretended I like it
In a quiet quarter life crisis
I've been wondering all night
If I'm alright

I get a little inside my head, and I don't know why
Feeling like I might as well be dead, it's fine
I don't sleep, but I try, sorry didn't reply
Been busy wasting time online
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I get a little inside my head, and I don't know why

Saw a picture of me when I was only sixteen
And I didn't care about what it means
If I say what I'm feeling
Say what I'm feeling
At some fancy party
I'm thirteen hours from my family now
I've been wondering all night if I'm alright

I get a little inside my head, and I don't know why
Feeling like I might as well be dead, it's fine
I don't sleep, but I try, sorry didn't reply
Been busy wasting time online
Still settling in this modern paradise
I get a little inside my head, but I'll be fine
I get a little inside my head, yeah I'm alright