

# Once Upon A Time

Nick Lachey

Once upon a time  
On an island in the sea  
A bird was scared to fly  
Afraid to spread his wings  
Mama said don't give up  
You can do it if you try  
Then she watched him fly fly fly  
Once upon a time

Once upon a time  
In a jungle far away  
A monkey scared of heights  
Couldn't climb a tree and play  
Mama said don't give up  
You can do it if you try  
And then she watched him climb climb climb  
Once upon a time

If you can dream it  
You can do it  
If you believe it  
Then you'll find there's nothing to it  
If you can see it  
You can be it  
You know you gotta try try try

Once upon a time  
In a land of ice and snow  
Was a penguin scared to dive  
Into the ocean down below  
His friends all said don't give up  
You can do it if you try  
Then they watched him dive dive dive  
Once upon a time

Once upon a time  
There was a kangaroo  
Jumping with the others  
He was too shy to do  
But mamaroo said chin up  
Use your tail and you'll be fine  
And he went jumping high high high  
Once upon a time

If you can dream it  
You can do it  
If you believe it  
Then you'll find there's nothing to it  
If you can see it  
You can be it  
You know you gotta try try try

Ya you're gonna fly fly fly  
You know you gotta try try try  
Once upon a time  
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