I miss the days when
I had a smile on my face and
Wasn't so caught up in all of the small things
Wasn't so adamant that I could handle everything alone
And wasn't so cautious, and always exhausted
And actually listened to things that my heart said, heart said
Ridin' my bike, just ridin' my bike
Not overthinkin' my life
Not always wonderin' if I'm a likable person
Or someone that nobody likes
Not always stressin' 'bout money
Or losin' my job or scared I ain't makin' the flight
Not always going to bed every night
With this knot in my stomach that never unwinds
What happened to me? Yeah, what happened to me?
When did I start to believe I wasn't worth it
And question my purpose to breath?

When did I start to believe I wasn't worth it
And question my purpose to breath?
Wonderin' who I should be, happiness outta my reach
Scared to get back on my feet
Need to get rid of what's detrimental
But it's hard to let go
When the thing that hurt you helped you get to your dream
See, I miss the days when I wasn't so faded
Love wasn't always invasive, I could embrace it
Just innocent, waitin', not always living in anguish
When did I break and become over taken?
What was the moment I caved and gave away all of my faith
And made a replacement? I miss the days when, I miss the days when

I miss the smiles we had when we were young
I miss the memories of feeling love
I miss us runnin' underneath the sun
Staring out the window when the rain would come
I miss the smiles we had when we were kids, yeah
I feel like life was so much simpler then, yeah
When we had joy and we were innocent
I'd give it all to feel that way again, way again

Gimme my mind back, yeah, gimme my mind back
The one that told me I was worth something when I fall flat, yeah fall flat
The one that told me I was worth something when I'm off track
Back when my imagination wasn't in a cage
And it was free to run fast
Yeah, gimme my mind back, gimme my-gimme my mind back
Before it was hi-jacked and wasn't described as
A place of limitation always indicating I can't
Handle everything from my past
Handed anything it dissects
Till I'm depressed, I know I'm blessed
But I'm cursed too

Take me back when, I was happy but I wasn't acting Vulnerable but didn't see it like some kinda weakness Or a thing that's unattractive Had emotion but I learned to mask it Didn't know what I was running after

Didn't know the older I would grow the more I lose control And takin' all the baggage, it's really sad when Everything you thought was stable crashes Everything you thought would take the sadness Really only made it deeper, got me off the deep end askin' Will we ever feel like we imagine? Will we ever feel like we adapted? Will we ever feel like we did back then? Just take me back when, just take me back when

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Yeah

Yeah

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