

# HAPPY

NF

Dear God, please  
Hear me out, I know it's been a couple years  
Since I've reached  
Out and said hello, I bet you're wondering  
Why I keep  
Obsessing on and stressing all the little things  
When I should be  
Living life and soaking up the memories

I know I've been  
Selfish, I have  
No excuse to give you it's true  
Hanging by a  
Thread's how I live  
I don't know why but  
I feel more comfortable

Livin' in my agony  
Watching my self-esteem  
Go up in flames acting  
Like I don't  
Care what anyone else thinks  
When I know truthfully  
That that's the furthest thing  
From how I  
Feel but I'm too proud to open up and ask ya  
To pick me up and pull me out this hole I'm trapped in  
The truth is, I need help, but I just can't imagine  
Who I'd be if I was happy

Yeah, been this way so long, it feels like something's off  
When I'm not depressed  
I got some issues that I won't address  
I got some baggage I ain't opened yet  
I got some demons I should put to rest  
I got some traumas that I can't forget  
I got some phone calls I been avoidin'  
Some family members I don't really connect with  
Some things I said I wish I would've not let slip  
Some hurtful words that never should've left my lips  
Some bridges burned, I'm not ready to rebuild yet  
Some insecurities I haven't dealt with, yes  
I'll be the first to admit that I'm a lonely soul  
And the last to admit I need a hand to hold  
Losing hope  
Headed down a dangerous road  
Strange, I know  
But I feel most at home when I'm

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Don't know what's around the bend  
Don't know what my future is  
But I can't keep on livin' in

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Who I'd be if I was happy  
If I was happy  
If I was happy