

Go Outside!

Neck Deep

I should go outside
Get some air
Before you walk in and you see me like this again
I should play it off
Like there's nothing wrong
But I'm not that big and I'm not that strong
Held it all in for far too long
And so I let it all out
Embarrass myself
And try to hold on
'Cause I can't give up now

Save me
I have lost myself
So I'm begging you to say my name
Snap me out of this
Take me back to when I felt like me
When I felt like me

I should take a breath
Get it off my chest
I should tell you everything
But I'm not ready yet
I should open up
I should let you in
I shouldn't care about what everybody thinks, but I do
It's sad but true
I feel so see-through

Save me
I have lost myself
So I'm begging you to say my name
Snap me out of this
Take me back to when I felt like me
When I felt like me

And oh, it's like I fell through the trap door
I'm casting such a long shadow
I'm getting swallowed in the tide
No more places left to hide
Maybe I should go outside
And get some air

Save me
I have lost myself
So I'm begging you to say my name
Snap me out of this
Take me back to when I felt like me
When I felt like me