

Higher Self

Navy Blue

Spent time sittin' in it
Both times I was swimmin'
Keep still, don't budge
My heart still
My life ain't like no movie script, this shit is non-fiction
Practice non-violence that's a bold decision
Cast light my momma know the prism well
My cousin know the prison cell, can't count the lonely moments chewin' finge
rnails
Lookin' in my hands all these blessings I was dealt
Stone roller sinkin' in it I'll prevail
Rollin' in the deep them niggas singin' like Adele
Birds soarin' high, what's the password when you get to the gate?
How absurd, called a nurse, flatline
Won't catch me in no hospital bed
I'm that guy, reek of death
When you walk through them stairs they chastise, reprimand you
Blood-stained sand like its Cancun
Sun rays dance on my man's roof
Six braids displaced
Was nothin' 'til I found truth
Huntin' all around you
I know you want a slice
Change, that's a buck 50, young nigga pay the price
Beans over rice can't compare to a black woman plight
But what's the mission at hand?
Mademoiselle get a kiss on the hand
Spirit nimble, roam the middle, I'm still gettin' it in
We the shit, tell a friend or two
We smoking clean herb
You niggas smoking chemicals, and it show
I told my image, I ain't scared of you
Not no more
Like Mother Mary it's a miracle
Pure as snow
And all I carry is not curable
And I hope you niggas know Navy the spiritual
Slay a goat
Walk for miles on these timid toes, ten of 'em
On my own medicine
To the dome, heaven sent
We was stole represent
All I know, search within
I was turning grief into gold
Crew tight-knit
Close like the speech that I hope
Speak from the soul
Duly noted he a poet blessings on me 'til I'm gone
Keep it goin'
Everyday
I give thanks for all I know, bow my head
Say grace we eatin' well
On my own
Throw a stone in the lake, watch it skip
Nigga pay the price

I give thanks for all I know, bow my head

Say grace we eatin' well
On my own
Throw a stone in the lake, watch it skip