One set of footprints in the sand And you wonder where I am. Cause it was hard for you to see That the man you saw was me.

Cause if you fall I'll catch you Cross my heart You wonder why I have to That's my part

Don't worry you're not alone
Ain't that what I told ya
I promise, when cold just gets colder
If you should fall.. pick you up
That just makes us closer and closer
I'll comfort you so don't you worry

I saw you wounded, down in pain And I heard you call my name But what you didn't know for sure Is that I knew you would before.

Cause when you fell, I caught you You didn't know? I thought yo u Knew my touch

(With descant) Rest on my shoulder And I'll hold ya

I do what I have to do when it comes to you I'll be anywhere you want, just say you want me to......

Ooh Don't you worry I am always here
If you ever need me, I'll be there.
I'll take you in my arms and hold ya
I'll carry your weight on my back if I have to
I'll carry your weight on my back if I have to,
Yes I will.....

I'll carry your weight on my back if I have to....
Yes I will.