If you lucky you get old
Old timer told me, yeah
"You ain't gon' be able to fuck the same
Drink the same, hang out the same"
I'm like

Once a man, twice a child Yeah Once a man, twice a child It's like a baby again

Strong motherfucker when you're young
I ducked a razor, ducked some punches, even ducked a gun
Nintendo Duck Hunt, I ducked police, I had to run
Meanwhile, when you get old, you might become futile
My old style is a rough of my new style
My old girl dope, but I love my new girl
So when I'ma slow down this merry go round called life?
I was a youngster with a fever, Moms brought cold ice
And I was young, scared, she ain't care, she made me fight
Fifty-two sweep you, haymaker right
When I get old, I hope that I can stay this fly
Once a man, twice a child

From Mama's Boy to preschool to college to now employed Now you on, got your first crib, she's havin' your first born Went from buyin' the finer toys with your boys To buyin' toys for your boy It's crazy how fast he's growin', for sure Grandpops he told me 'bout his days of old One day I'll be him on the porch, sippin' on somethin' cold And it stuck with my soul, I've been divided at the road Hot-headed as a youngster, confronted, I might unload Now listen, knowledge I received as a seed, as a G That would feed my personal frequency Transcends through all, travel through walls My ministry, we ain't know we was livin' hazardous Savages, first niggas in New York with Bentleys Tyson, Kedar, Puff, Stoute and then me Before Many Men was out, we went on tour to fifty Live while you got the strength to, health you should tend to Look all of us ain't gon' get old, I hope this message hit you, for real

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I'm tryna expand the pineal gland
The world ain't our home, just temporary, please understand
You die tomorrow, then you born again, so life is deathless
Respect and balance, human dignity, that's the perspective
Aimé Leon Dore, New Balance when I'm steppin'

Time is precious, one day I might need my diaper changed inside a convalesce nt
The soul is different than the flesh is
Life is teachin' me more, wisdom and ignorance is kin

To have peace you need war

By the time you see the stars in the skies, they already burnt out

Same way these dudes be shinin', but been burnt out

But we don't change, as we get stuck in our ways

We just act like we agree, so we can end the exchange

What's meant for you is sent to you

But you could be the problem, it's not always them, my dude

Was she crazy before you met her or you made her crazy?

Possibly she gon' be your nurse when you back to a baby

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And in the streets I had agility, was quick to strike My fear's not seein' it comin', got too rich for that sight So take advantage of your youth before you elderly 'Cause today is the youngest that you will ever be