

Sometimes I'm selfish and I know it
Prophecy my life, a priestess and a poet
Had the power in my heart but didn't show it
Daddy's approval, removal, I was manic but I'm growing
Thinking 'bout my sister, thinking 'bout them kids
Thinking 'bout the life we want, the life we live
Light worker, way shower, yeah, I try to be
My demons scheming, swear to God, won't get the best of me

I shoulda never dated white men
Fetishize a win, tokenism, light skin
It felt wrong, but it just might have been right when
Teaching and preparing me, supremacy is ripe when
Subtly, my G, you least expect
Stay in your place, the dots connect
Too aggressive is passive-aggressive, make your bed
Settle, settle don't reach too high, eat your bread

Internalize my truth
Speaking from my heart what the brain can't do
Internalize my truth
Speaking from my heart what the brain can't do

Not sleeping, not eating, not breathing
Not even no, reason no, no reason at all
Not even, never even, not even no reason, oh
Not sleeping, not eating, not breathing
Not even no reason, no, no reason at all
Not eating, not breathing, not even no reason

The brain was never fully used
Choosing habits over choices when it's pick and choose
Choosing comfort over transformation ain't the mood
Like the caterpillar thought it's sin was the cocoon
Bright monarch of the matriarchal silver moon
Caught and unaware like the careless swoon
Thought I was prepared until I met you
Thought I was prepared until I met you

There ain't no reason at all
Oh yeah, oh yeah
I see that
I'm breathing
I'm breathing
I'm breathing
I'm breathing
I am breathing, yeah, yeah