How does it feel
To feel nothing at all I wonder
I imagine it's grey
Like the world suddenly lost its color

But I'd be lying if I said I hadn't wished to feel nothing To feel nothing at times

Cause feelings are painful I don't wanna suffer through All those moments without you When I lost you

Anger and sadness
They're always there
They're always pretty rough
To cope with

Feelings oh feelings You tear me apart I wish I could start again Again

But I know that there's the other side
The one that I can't see right now
But I'll find it
Yeah I'll find it

And when I do
I'll be
So better for the rest
So much better in my chest
Can you feel can you feel

And when you do You'll be So happy that you felt So happy that you dealt with it Yeah you dealt with it

Feelings oh feelings You tear me apart I wish I could start again Again

But I know that there's the other side
The one that I can't see right now
But I'll find it
Yeah I'll find it

And I used to think
That being numb would ease the pain
But I was wrong
I was so wrong

It's just better to feel

And know you're alive While reminding yourself that it's temporary Oh it won't last for long