

## show and tell

mxmtoon

Lately it's been getting hard to find the words  
I'm stuck in my brain  
I'm going insane  
Can somebody help me, please

And it feels like I've been spinning round and round again  
Just want a break  
My heart seems to ache  
I'm craving some normalcy

Cause  
I don't have much to say  
And I'm running out of thoughts to bring today  
Show and tell is getting more mundane  
No life to live or share  
And it all feels so unfair

Cause we're  
Floating in the the air  
Our feet are grounded on the earth  
But our thoughts are way out there  
And we're  
Having sleepless nights  
Losing puzzle pieces for ourselves  
We need to feel alright

Somehow I've been getting by all on my own  
I'm not gonna lie  
It's harder to try  
Waking up each morning

And I'm gazing outside my windowsill  
The world is so wrong  
I hope that we're strong  
But I'm still mourning

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