

## lessons

mxmtoon

Do words lose weight if said too often  
If not said enough are they forgotten  
Do I bite my tongue out of over caution now

Thought I had it all just figured out  
But I'm slowing down with questions now  
It's okay to step back and look around

It'll just take time  
Be patient with yourself  
There's more room to grow  
If you leave your worries on the shelf

Don't look back  
Just go forward like you mean it  
Say it if you feel it  
Life goes so fast  
So, go live with good intentions  
Today's another lesson

Lost so much from over thinking  
My head gets stuck, my feet lose feeling  
But the fear's not enough to stop us dreaming now

It ain't easier  
Being first to know  
There's no need to be so precious  
You can let it go

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