"Hey, what's up"
Is all I can get out
She knows that there's something wrong
I'm depressed as fuck
Is what I would say
If I knew she'd still feel the same
So I don't say much
'Cause I'm scared of the judgment
I know she won't even give
But I've had enough
I've had enough

I hesitate to be honest, rather tell you I'm fine, and I've never been better, there's nothing a matter When really I'm breaking, and I'm scared to admit I guess I'd rather be sad than open up and work through it

We can't put to words what we're feeling, so we pretend Like it's some perfect world where everything's okay We're all doing just great

"Hey, what's new"

My parents will ask, but I barely can give a reply
"I'm praying for you", I'll tell them the same
When we both know that that's a lie
The truth comes through, I'm hanging on by a thread
And it's only a matter of time
It's sad but true
There's nothing new

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In all the conversations, never changing It's all routine, they stay the same And I know that I'm the one to blame, but I Won't change Hey, what's up

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