

## Kept

## Movements

I've been crawling circles in my skin  
Leaving trails to where I've been  
I'm still following  
I've been tying knots in my muscles  
Grinding down all of my bones  
I'm paper thin, paper thin

Give me something to believe in  
I'll give you something to forget  
Just give me something to believe in  
I'll give you something to forget

I've been holding on to all my flaws  
Chasing after a lost cause  
I'll never win  
And I've lost every ounce of self respect  
I hate myself, I am a wreck  
I'll give you something to forget

Give me something to believe in  
Give me something to believe in  
(I'll give you something to forget)  
Give me something to believe in  
(I'll give you something to forget)  
Give me something to believe in  
(I'll give you something to for-)