

It only hurts if you stuck, so keep the bottle close
Takes me up and shut me down with chemicals
Close your eyes, I'm breathing
Wake up all alone and wonder where you lost control

Scared to go to sleep, hiding underneath
There's a darker side of me I don't wanna meet

Hanging by a thread, trapped in my head
I'm spiraling out until all the poison fills my chest
Helps me forget, 'cause I'll never learn 'til I see red
No, I'll never learn 'til I see red

Until I see the damage, there's no damage done
Need a reason for me not to self-destruct
You said it gets better, what if it never does?
What kind of monster will I become?

Scared to go to sleep, hiding underneath
There's a darker side of me I don't wanna meet

Hanging by a thread, trapped in my head
I'm spiraling out until all the poison fills my chest
Helps me forget, 'cause I'll never learn 'til I see red

Until I see my reflection walking back at me, I won't
Until they see my disposition change, until I'm barely

Hanging by a thread, trapped in my head
I'm spiraling out until all the poison fills my chest
Helps me forget, 'cause I'll never learn 'til I see red
No, I'll never learn 'til I see red
No, I'll never learn 'til I see red