

Exit Plan

MOTHICA

My head is a house with long halls
Red lights, no doors
How to make it a home all by myself
Always something to fix, dark thoughts
Blue pills, tight grip
When it's all that you know
You get used to it

I'm homesick from living with myself
Made an exit plan, but I left it on the shelf
I've been so obsessed with romanticizing death
I know how the story ends
But how do you live when you don't wanna die anymore?

Just thinking out loud
Thought I'd be gone by now
So what do I do with all this extra time I got? (Time I got)
Sink into the couch
The drugs don't work, I found
When it's all that you know
How do you not self-destruct?

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When your head feels like a cage
Just try to not self-medicate
That awful song inside your brain
The silly you is unaware
And you can't know what killed the pain
Just call your friends, they feel the same
Don't keep it in, you'll go insane
How do you live when you don't wanna die anymore?