

## Exit Plan

MOTHICA

My head is a house with long halls  
Red lights, no doors  
How to make it a home all by myself  
Always something to fix, dark thoughts  
Blue pills, tight grip  
When it's all that you know  
You get used to it

I'm homesick from living with myself  
Made an exit plan, but I left it on the shelf  
I've been so obsessed with romanticizing death  
I know how the story ends  
But how do you live when you don't wanna die anymore?

Just thinking out loud  
Thought I'd be gone by now  
So what do I do with all this extra time I got? (Time I got)  
Sink into the couch  
The drugs don't work, I found  
When it's all that you know  
How do you not self-destruct?

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When your head feels like a cage  
Just try to not self-medicate  
That awful song inside your brain  
The silly you is unaware  
And you can't know what killed the pain  
Just call your friends, they feel the same  
Don't keep it in, you'll go insane  
How do you live when you don't wanna die anymore?