

Body Rock

Mos Def

Aight, uhh, alright y'all slow down I'm trying
Aight, yo I I only took a little bit of Spanish you gotta
I, I hear what you're saying but yo, aight okay
Alright okay, alright okay okay, alright okay, I'm feeling you,
okay
Alright okay, alright okay okay, alright okay, I'm feeling you
yo
All my people in Brooklyn and you know we're hot, I say
We don't stop, the body rock
All my people in Queens and the land in between say we
Don't stop, the body rock
Shaolin and LI say you know we're fly, say we
Don't stop, the body rock
From the east to the west son we take it to the chest say we
Don't stop, the body rock
I'm in the lab with ab, I got the band they're fat
My man T A S H take it to your breastplate
It's the mighty Mos Def, complete the trilogy
Just shot myself a dime, see are you feeling me?
Son I'm wicked and nice when I'm on facility
Let me take a sec to review what I wrote
Mos Def and I sound par fresh, okay it's dope
Let's record this they gonna want this
And all area crew is gonna flaunt this
And when we step to the plate Pah it's flawless
My man T A S H with styles glory great
Great, great great, great great
Up next we got CaTash with that west coast rhymin'
Bombing niggaz with the style as dangerous as mountain climbing
'Cause the Alkie words I'm spitting be twisting while you liste
ning
Plus I'm in this motherfucker with the Likwit coalition
That'll leave you in position, twisted backwards like dough go
While you staring down my throat like,