I've been running in this place
A crowded den
Caused the silence
Now I'm trapped in your hands
And it's pitiful, I've fallen now
I'm back again
How to get back there
Help me I know you can
Oh no, I can't see the end
Let me out of this rotten place again
I can't stand these things
Cause me to sin
Open the door and let me come in
Just want to shut my mouth
Can't practice things