We drag ourselves out of bed every day
Brush our teeth and hair
Put on the best face
Embarrassed by the boss
Not early? Then you're late
Disappointed teacher
Angry classmates
Back home, time to scroll away
And get shit on for every selfie you take
Every point you make
Every word you say
Wanna escape?
Somewhere far away

You stared at my avocado toast Won't leave me alone I took a bite and swallowed Another dose of your ego

Silently, silently The words steep Violently, violently Sink into me

'Cause everyone wants to be a judge
They'll never admit that you're enough
Pretend there's no one around but yourself
See? In the mirror
There's a sloth
With an awkward blackened smile
It's fine you can't love yourself
But can't you love a sloth?

So the other day I was on YouTube
Listening to a song I really like
Though usually I don't look that far
A comment stood out to me
It was a 10-year-old
Having suicidal thoughts
And the guy below was like
"Same, I'm 12"
And the whole thing made me extremely sad
I thought
How long would the future last?

Rest in peace
Memento mori
This shall be the end
Of our friendship
Relationship
Ship, ship, shit, ship

Silently, silently The words steep Violently, violently Sink into me I find others tiring to be around Am I doomed to be alone?
I find myself difficult to love Though I gotta say
I don't hate it this way

Isn't it more comfortable to let yourself go
Than forming your physique to their critique
Can't you hear the cries
Coming from the mirror
There's a sloth
With an awkward blackened smile
It's fine you can't love yourself
But can't you love a sloth?