

## This Skin

MILCK

How delicious to want what I got  
To leave behind the chasing of something I'm not  
I am the flower of my ancestor's dreams  
Stare at the mirror, cuz I like what I see

Pinch it, poke it, smooth and rough  
Tea kettle hot  
Warm it, cool it, sweat it, move it  
Turn up a notch  
I'm smiling in this moment  
C'mon, everyone watch  
I'll tell the whole world, the whole world

I love this skin  
This skin that I'm in  
I touch myself  
It's a holy reunion  
I love this skin  
Thru thick and thin  
I trust myself  
Let the healing begin

The swirls upon my fingertips are galaxy like  
The ripples of my smile oh they deepen with time  
I slowly trace the lines across the palms of my hands  
It's in my destiny to finally understand

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Let the healing begin

Mind, body, soul, skin  
Clarity and confidence  
This is a reunion  
Mind, body, soul, skin  
This is a reunion  
Clarity and confidence  
This is a reunion  
This is a reunion

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Let the healing  
Let the healing  
Let the healing begin...