Na na na na na na na na na aye

The truth can be tuffer than the times

My reminder my people to shoulder

I give I ises to the inward power Jah

Maintain the humble to keep on ya

With love and hard medicine

And only love enter when things not the greatest bout ya

The bountiful earth needed gifts on which to feed ya

Animals could a teach them bout behavior

And don't you believe is vis-versa

The truth can be tuffer than the times
My reminder my people to shoulder
I Give I ises to the inward power Jah
Maintain the humble to keep on ya
There's enough and you withhold for the greed factor
If we could all pull together pull together
With the memories of all who done trod on ya
Respect to all who still dey bout ya
Manners for the simple word ya

The truth can be tuffer than the time
My reminder my people to shoulder
I give I ises to the inward power Jah
Jah jah maintain the humble to keep on ya

Old time of African stripes and reminder
Walking there holding of earth right high order
Simple doing your best ya
Sustain I Jah the head over and above water
Anything with a heart is feminine creed
them train dem soldier
Rat it not no crying mother
And is hard recriminations she calling for
Early Saturday morning at the market
Before all she request for
The reason for the drastic most measure Jah

Ah whoa ah aye yeah
But a how them dey so easy fe pull trigger
Openly business dark suit advocate
and discuss it as murder
And is the morning manners and the
bloody hand world order
Still ina the honor and his majesty Jah
Still ina the highest honor his majesty Jah

The truth
I said the truth can be no tuffer than the time