I can't get ahead of myself (myself)
I should try and better myself (myself)
But I'm drowning in the deep end
And it feels like no one sees it
Someone, please give me a reason I should stay
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Yeah, I got a plan to make a lotta changes But it's harder to breathe when your heart is racing I been caught up in constant contemplation It's just not a phase, it's too complicated Can't concentrate when the cuts get deeper If I were you I wouldn't love me either My problem is I'm too fucking eager I got a taste of revenge and there's nothing sweeter So I'm numbing the pain with another substance Till I lose balance and my blood is rushing Just another fuck up piss drunk in public They don't trust me at all like I'm up to something Like why can't they ever hear me screaming? A preacher told me I might need Jesus Trapped in my head, tryna find some freedom It feels like I'm some sort of evil genius Please don't talk to me 'cause I don't wanna be bothered And I can't fall asleep, I'm busy fighting these monsters Why's it so hard to breathe, somebody call me a doctor I think I'm going fucking bonkers, yeah

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Think I'm addicted to bad news
Everyone I love ends up being stab wounds
Maybe they did what they had to
I'm better off alone or give me liquor and tattoos, I'm faded
I feel like nothing takes the stress away
This bible's promising me better days
I gave it my trust and I done let it stray
So fuck these promises I said I'd never break
I pray for peace yet I prepare for war
I'm twenty-four but these tears could fill a reservoir
You bitches think you know me, you don't
Throw a hundred million stones tryna break me, you won't

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Yo yeah, look

I thought I quit doing dope for good, been smoking cones of wood 'cause I cu t the monster really wishing I was drunk

I've become accustomed to the sober life overnight, took a year and nine mon ths to flush it

Like I don't mean shit, every time the phone ring, get told to shut the fuck up and cussed at

By the one I love but she don't want no contact, the sheriff gonna come and lock me up for just that, justice

[?] think he's always on a mission tryna get me took off pills

He don't wanna write a script and get in trouble when it's obvious there's s omething that I'm hooked on still

I told him, "Look, doc, look, I'm chill, drunk a half a bottle earlier and I don't even look off keel"

I just stood on till, so much Xanax in my body like I'm running on a footbal l field

I just wanna better myself, momma said, "I know you got your light temporarily taken away

But living here is better than jail", then the minute she said it I felt lik e killing myself

I don't look in no mirror, I don't step on no scale, I'm so goddamn fat, god damn Johnny

You don't got damn money, every-goddamn-

body, what, you found that, funny? Your heaven's my hell

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