Gotta learn how to feel
Without making a big deal
That's how I burn
Let's take blame off the shelf
I'll stop punishing myself
It's been in vain

Well, sometimes you gotta do something to make you feel better And sometimes you gotta do something that makes you feel good

Is everybody playing this game
Do they like it
Tell me if you're playing this game
Do you like it?
Sometime sometimes you gotta do something to make you feel bett er and sometimes

Took a sip from the cup
Didn't think I'd drink that much
Unlatched the gates
I let it rain, let it pour
Now it's knocking at my door
My big mistake

And I'm singing sometimes you gotta do something to make you fe el better

And sometimes you gotta do something that makes you feel good

Is everybody playing this game
Do they like it
Tell me if you're playing this game
Do you like it?
Sometime sometimes you gotta do something to make you feel bett er and sometimes

Even if it hurt somebody
Even if it feels insane
Oh when you just need somebody
Don't think about the after pain