Takes the anger out on another
Or is all the screaming just in his head
God, this feeling hurts like a mother
He'll push it down into the pit of his chest

He's got troubles, he don't show it Till the ocean's overflowing We've got old rules, we don't buy 'em Now our voices can't stay silent

Why's it so hard getting it right?
Boys can cry
Girls can fight
Don't get stuck believing the hype
Boys can cry
Girls can fight

Knows what she wants but keeps it quiet
Bites her tongue so she don't scare them away
Rolls up her sleeves only in hiding
Builds her strength because she's hoping for change

Her desire, they won't hear it She's got fire, won't go near it

Why's it so hard getting it right?
Boys can cry
Girls can fight
Don't get stuck believing the hype
Boys can cry
Girls can fight

What's gonna change their minds
It'll take some time, won't happen overnight, oh-oh
We're gonna change their minds
Leave it all behind, won't happen overnight, oh-oh

Why's it so hard getting it right?
Boys can cry
Girls can fight
Don't get stuck believing the hype
Boys can cry
Girls can fight