I swear I was doing better
But I can't even recognize my face when I look in the mirror
All that stares at me is a coward
Lost in my misery

Every step feels like I'm falling down
All I want is just to find out how I got like this tonight
I want to make it right
If I promise that I won't give up
Can I solve this?
Will it be enough?
Am I worth saving?

I can't escape this affliction that controls my life Please get me out of the cycle that I have contrived It won't get better if I never let it I'm tired of the doubts and lonely nights I wanna say goodbye to the thing that makes me cry but It won't get better if I never let it

I've never felt validated
What do I have to be sad for?
You know they have it worse
Although your pain, it hurts, it's not enough

This heart of mine can't take much more
It's been crushed up and stepped on and broken into tiny fragments
But I'll find the glue to put it back together

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Don't wanna feel this anymore I can't continue to ignore That it's getting bad This is where it ends

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