

# Refuge

## Means

Step  
Step away  
From the aching  
Because one of us is fighting such a hard battle  
So step away from the loneliness and the deceptions

Go!

And if we are strangers here  
Then I wonder  
Are we mislead  
After looking night and day  
Falling into shifting sand  
To lift our eyes from the black and blue grave  
We need a new perspective

We have to find our place  
Where we seem to have no home  
In this shifting sand

Each one of us is fighting such a hard battle  
So I hold on to my life with an open hand  
So we stay awake  
We lie awake  
That one day all these things will come to light  
As they really are  
Then we will ask  
What do we have  
That will not pass away?

We have to find our place  
Where we seem to have no home  
In this shifting sand

So let us be bold and deliberate  
What remains is our breath escaping now  
So we should protect these moments  
These moments of authenticity  
Like a remedy (if there is one for us)  
To be bold and deliberate  
With authenticity