

# One

## Meadowlark

As you grow, grow into your body  
My low frequency will carry you  
I'm the sound of running away  
Caught fire, flames are riding higher  
In the heat, I can keep you wired  
I'm the freedom burning away

When all the sounds surrounding us  
Is falling dust  
Remember how there was the one  
I can be the one  
I can be the one

If it's fear, I can keep you running  
If it's love, I can keep you coming back  
I'm the hide of your radio high  
If you're down, I can lift your spirit  
Simple words take your body with it  
I see ecstasy in your eyes

I can be the one  
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Goosebumps on your skin  
Feel the love and chemicals sink in  
Seventeen years in  
I am still, still beneath your skin

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