Happy Meals for breakfast
Happy Meals for lunch
Happy Meals for dinner
You could say I'm feeling pretty happy

Fast food I love, eat it all the time On the go, makes me feel fine Big Mac Lunch and you see I'm Saving my pennies towards nickels and dimes For the drive-thru, gettin' fed Because the media messes with my head Since I was 5 I learned to snack TV taught me to be fat Ronald Grimace, Major McCheese The HamBurgler, were all friends to me They bombard kids with advertising Happy Meals, keep the kids smiling Where? At school and in the home In math problems schools condone (One quarter pounder plus another equals what?) Sickness, death and a giant butt! Cokes and Snickers in the fridge High fructose corn syrup, that's how I live Diabetes, I got it, but I've recently found These extra pounds, they drag me down! Somehow survived, synthesized dyes Artificial flavors and Yellow #5 So much Bovine Growth Hormone That the FDA just condemned my home!

Yo, are you gonna finish that?
Food can fill your spiritual emptiness
In America we have the freedom of choice
And I choose to be fat
You can't take that away from me
These civil liberties are deep fried baby!

Pizza, pasta, chocolate and ice cream (Ahhhhhhh)
Pizza, pasta, chocolate and ice cream (Ahhhhhhh)

Addiction, welcome to CrackDonald's
Gettin' my fix from my dealer Ronald
If you are what you eat, and you eat what you are
I'm as fat as a cow, I can't fit in my car
I'm no monster don't dismiss this
I love animals they're delicious
Forget the cruel ways KFC's preparing them
Organic food is awfully un-American
Now I'm 40, did I mention
The heart attacks from the hypertension
And munchin' baked pies with all the guys
Folks call me Lord of the Fries
My body's a prison given my strokes
One aneurysm no joke
2 billion sold OK that's fine

But everytime I leave they update the sign Folks run and hide when I come to dine Cause everytime I step in line They burn the rainforest so cows can feast Causing global warming to increase The methane gas from their behinds Absorbs the heat Carbon dioxide gets trapped In fact it's really quite scary Chocolate, vanilla, mmm strawberry!

Pizza, pasta, chocolate and ice cream (Ahhhhhhh)
Pizza, pasta, chocolate and ice cream (Ahhhhhhh)

This is not a political statement
This is life wisdom
If you eat junk food all the time
You're not gonna feel as good
As if you eat nutitional foods
I'm just sayin'
That's the point of this song