I got some things I should do
Moves I should make
Places to go
But I'm standing in place
I'm all on my own but...
I should really get to writing this down

But
I been in my own way
I been in my own way
Yeah
My own way

I been in my way lately I been blocking my blessings As soon as I hear your lectures I make a run for the exits Been trying to co-exist between local kings and the peasants Success is just an illusion but still I be catching bruises

Said I would lose her
Guess that's just what I'm used to
Guess I can't help myself
I just tend to leave before you do
Ignoring all of your help
All your remedies and your voodoo
So it kills me when you say it's up to me cuz you know

I been in my own way
I been in my own way
Yeah
My own way
I been in my own way
I been in my own way
Yeah
My own way

Stop it now, can somebody free me from this blockage, I'll Lock it down if you see me hold me back cuz I been bound On the ground, by myself when all my people not around I been found to do things that sabotage my profit wow

Doc says that I'm healthy
I'm disagreeing on the line
I ain't hearing anything he tells me
Fine, it's all in my mind
But I walk out to see melting
Vibes covered in vines
I just really wanna get some help, see and thrive
I been running trying to pick up every bit of all the pieces
Tripping over both feet like it must be one of my many diseases
I just think my devils are facetious
I just think this world is a steep cliff
And I'm diving in a pile of deep shit
You could try to help me if you want
But why try, you know

I been in my own way I been in my own way Yeah
My own way
I been in my own way
I been in my own way
Yeah
My own way