

# Your Own Worst Enemy

Maxïmo Park

In the pink, in the flush of life  
Run away from yourself (Run away from yourself)  
Mustn't think, mustn't contemplate  
Playing havoc with your health

I can't believe your double meanings  
I didn't think you had those leanings  
I must've been a bitter disappointment to you

Here comes that horrible feeling  
You're your own worst enemy  
My words just bounce off the ceiling  
Here we go again, hide the anger, let's pretend

Pepper me with alternatives  
Nothing genuine to say  
Just a lapse into bad taste  
You could call it snobbery

I can't believe your double meanings  
I didn't think you had those leanings  
I can't believe your hidden meanings  
It's hard work, all this deceiving

Here comes that horrible feeling  
You're your own worst enemy  
My words just bounce off the ceiling  
Here we go again, hide the anger, let's pretend

Don't try to turn me away now  
There is nothing we can't see  
Too many voices at play now  
To surrender the part of me that won't leave it be

I need you to tell me a story  
So that I can get some sleep  
Choose something valedictorian

Here comes that horrible feeling  
You're your own worst enemy  
My words just bounce off the ceiling  
You're your own worst enemy

Don't try to scare me away now  
There is nothing we can't see  
Too many voices at play now  
To surrender the part of me that won't leave it be