A fi we country Mek we live it up, alright A fi we country So no mash it up, yes A fi we something So mek we use it up A fi we country So no shoot it up, no mash it up Thinking of a vacation the other day All work and no play makes a dull day My woman, she looks at me and says (yeah) Why not take a vacation in Montego Bay 'Cause A fi we country Mek we live it up, alright A fi we country So no mash it up, yes A fi we something Mek we use it up A fi we country So no shoot it up, no mash it up I said, "Woman, I prefer a foreign land Where I can pretend to be a big-shot man" She said, "Have you tried rafting on the Rio Grande? Or clompering on Negril's white sand?" A fi we country Mek we live it up, alright A fi we country So no mash it up, yes A fi we country Mek we build it up, alright A fi we country So no shoot it up, no mash it up "Honey, I know it's my own land, But those places are for the foreign man" She said, "Oh no, it couldn't be so, You can be a visitor in your own land" I know that we have traveled far From those slave markets in Zanzibar This land is our own sweat and blood So let's live it up, live it up, don't shoot it up 'Cause A fi we country Mek we live it up, alright A fi we country So no mash it up, yes A fi we something So mek we use it up A fi we country So no shoot it up, no mash it up