

Today Is The Day

Matthew Parker

Ayo

Today is the day that it all turns around
I'm up in the clouds, feet ain't touchin' the ground
Today is the day, feel it deep in my bones
No pain, no heartbreak is gonna pull me down low
'Cause today is the day

Last year was a nightmare, last week was a hard year
I've been wishin' things would get better
Wake me from the bad dreams, seen too many sad things
Somehow, I know things will get better, yeah

I let go, let go of yesterday's baggage
It echoes, echoes, but I sing over it happily
I got a feelin', I'm finally healin'
I've got a feelin', yeah

Today is the day that it all turns around (It all turns around)
I'm up in the clouds, feet ain't touchin' the ground (Ain't touchin' the ground)
Today is the day, feel it deep in my bones (Deep in my bones)
No pain, no heartbreak is gonna pull me down low (Pull me down low)

'Cause today is the day-ay-ay-ay-ay-ay
Today is the day-ay-ay-ay-ay-ay

Lookin' back at the man I've become
Emotions used to hit all at once
Take it all, take it one at a time
Now I anchor the storm
I've been prayin' (Ahh)
Difference in our energy
I'm grateful you're my centerpiece
(You were holdin' me down when nobody else was)
Because of all we had to overcome
Now I know what it's like to be in love
Rain or shine, my ride or die (Ride or die)
I can count on you (Oh)
No fear, get it off my back (My back)
A little drunk you know 'bout that ('Bout that)
Time for me to slow down, slow down
So I

I let go, let go of yesterday's baggage (Hmm)
It echoes, echoes, but I sing over it happily
I got a feelin', I'm finally healin' (Take it up)
I've got a feelin', yeah

Today is the day that it all turns around (It all turns around)
I'm up in the clouds, feet ain't touchin' the ground (Ain't touchin' the ground)
Today is the day, feel it deep in my bones (Deep in my bones)
No pain, no heartbreak is gonna pull me down low (Oh-ooh)

'Cause today is the day-ay-ay-ay-ay-ay (Today is the day)
Today is the day-ay-ay-ay-ay-ay
Today is the day

I put my hands up 'cause I'm tired of bein' tired (Tired of bein' tired)
Put my hands up 'cause I wanna feel alive again (Wanna feel alive)
Put my hands up 'cause the future's so bright (Future's so bright)
So bright (1, 2, 1, go!)

Today is the day that it all turns around (Oh)
I'm up in the clouds, feet ain't touchin' the ground
Today is the day, feel it deep in my bones (Oh-ooh)
No pain, no heartbreak is gonna pull me down low

'Cause today is the day-ay-ay-ay-ay-ay (Today is the day)
Today is the day-ay-ay-ay-ay-ay (Ohh)

'Cause today is the day-ay-ay-ay-ay-ay (Today is the day)
Today is the day-ay-ay-ay-ay-ay (Ayy)
It's a vibe, let's go