

Always By My Side

Matthew Mole

I keep my worries to myself
But it's alright
I don't like to bother no one else
But late at night
When I think about everything that's happened in the dark
And my mind keeps telling me I'm gonna fall apart
I keep my worries to myself

I put so much pressure on myself
But it's alright
I close my eyes and hold my breath
But late at night
My anxiety never seems to want to go away
Back again in the morning when I wake up every day
I close my eyes and hold my breath

I'll be okay, it's fine
I'll be alright
I do this all the time
Stop overthinking
Don't run away from all my problems
Everything will be alright
Okay, it's fine
I'm always by my side

Don't keep your worries to yourself
It's alright
Try asking someone else for help
And you'll be fine
There'll be times in your life when you've got a broken heart
But the world keeps turning like it's never gonna stop
Don't keep your worries to yourself

You'll be okay, it's fine
You'll be alright
I do this all the time
Stop overthinking
Don't run away from all your problems
Everything will be alright
Okay, it's fine
I'm always by your side

Come on everybody
Making something out of nothing
You don't have to be so hard on yourself
Come on everybody
You're the star of your own movie
And we've all got our own story to tell
Now's the time to tell yourself

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You'll be okay, it's fine

You'll be alright

I do this all the time

Stop overthinking

Don't run away from all your problems

Everything will be alright

Okay, it's fine

I'm always by your side