

# Self Control

Matt Simons

I got a fear of missing out, mixed with crippling self-doubt  
And I can't escape it  
I got this pattern I'm repeating, it's always so self-defeating  
No, I can't break it

One step and I'm over the line  
One taste and it's gonna rewind  
Won't quit till I'm outta my mind  
I, I know it's a matter of time  
If I start here it's a steady decline  
I'm trying, I'm trying

I've been working on my self-control  
I've been practicing how to say no  
But I always answer when you call  
Don't do this to me

You said you only live once and you're already out front  
So get going there with you  
Yeah, you're pulling me back in and  
You're probably gonna win 'cause I can't resist you

One glass, then a bottle of wine  
One more and it's over to mine  
One look and you're staying the night  
I, I'm weak when we're dimming the lights  
I know I'll feel empty inside  
I'm trying, I'm trying

I've been working on my self-control  
I've been practicing how to say no  
But I always answer when you call  
Don't do this to me

And you know I got no self-control  
So I feel like I should just stay home  
But I always answer when you call  
Don't do this to me (Don't do this)

Don't do this (Don't do this)  
Don't do this, don't, don't do this (Don't do this)  
Don't do this, don't, don't do this (Don't do this)  
Don't do this to me (Don't do this)

Don't do this (Don't do this)  
Don't do this, don't, don't do this (Don't do this)  
Don't do this, don't, don't do this (Don't do this)  
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Don't do this to me (Don't do this)