

In My Head - Interlude

Matt Simons

How did we get so busy? When did we lose our minds?
What if it's just this city? Maybe it's just these times?
What if there's just no winning? Why do we fight this fight?
The world's gonna keep on spinning, and I know that it's

Too much noise I don't need
Lose my phone, don't bother me
I need my time, it's holy
I'm starting to get

All up in my head again
Close my eyes and settle in
Nevermind the storm I'm weathering
When I'm all up in my head
All up in my head

I'm gonna let my mind stray, I'm gonna trust my vibe
Cool the blood in my veins through a scenery change, oh, I'm gonna re
st my eyes
Making room in order to breathe, I just wanna take it naturally
Peace and quiet at the end of the week, 'cause I know that it, know t
hat it's

Too much noise I don't need
Lose my phone, don't bother me
I need my time, it's holy
I'm starting to get

All up in my head again
Close my eyes and settle in
Nevermind the storm I'm weathering
When I'm all up in my head
All up in my head

I need to break through
If I'm gonna make it through
When it all comes back around
So I'll try to reset
'Cause I'm starting to get

All up in my head again
Close my eyes and settle in (oh I know, I know)
Nevermind the storm I'm weathering
When I'm all up in my head
All up in my head
All up in my head again
Close my eyes and settle in
I'm alone and need my medicine
When I'm all up in my head
All up in my head