

# How You Really Feel

**Matt Simons**

There's a different kind of lonely  
A good way to hide  
Got a thousand different faces  
None like the one on the inside

If they don't look any closer  
Hold tight to your pride  
Got a thousand different voices  
Everyone tells the same old lies

Strangers  
You're winning over all these perfect strangers  
So they don't notice when your color changes  
It hurts to see you put yourself away

Tell me how you really feel  
With none of your jokes  
Or your sugar coats  
Tell me how you really feel  
Where do you go  
When you disappear  
I know you hide in your head sometimes  
All those thoughts keep you up all night  
But I'm still here  
Tell me you how you really feel

Sucks being vulnerable  
It's a dull kind of pain  
We learn when we're younger  
it's safer to lock it away

So don't you dim your light for no one  
Don't shy away now  
'Cause there's a special place in hell  
For anyone who kicks you when you're down

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Tell me how you really feel  
Where do you go  
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