

Alive & Breathing

Matt Maher

What holds your heart
What stirs your soul
What matters come to mind
The cares you keep
The thoughts you think
It's not all wasted time
Seek and you will find

Joy still comes in the morning
Hope still walks with the hurting
If you're still alive and breathing
Praise the Lord
Don't stop dancing and dreaming
There's still Good News worth repeating
So lift your head and keep singing
Praise the Lord

Years roll by
We wonder why
We lost our way from home
Our Father finds
The child inside
We had left for growing old
Awake, awake, awake my soul

Joy still comes in the morning
Hope still walks with the hurting
If you're still alive and breathing
Praise the Lord
Don't stop dancing and dreaming
There's still Good News worth repeating
So lift your head and keep singing
Praise the Lord

Let everything, let everything, let everything
Praise the Lord
In the working, in the waiting
Praise the Lord
In the blessing, in the breaking
Praise the Lord
In the dying, the rising
Let it praise the Lord
Let it praise the Lord
Praise the Lord

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