Settle down
Why can't you exhale and settle down?
Turn out the lights and be with me now
And be mine to hold
Be enough
Why can't you just fucking be enough?
Take all that weight and you hold it up
And never let go

You go write it out
What you crying 'bout
You got all those eyes on you
Let that anger out
Who you blaming now
When that guilt does the thinking for you?

And you hold on
And you hold on
And you can't get a grip so you dig in your nails
And you roll up your sleeves and you hope that it fails
'Cause you've tried everything and you don't want to try anymor e

You go write it out
What you crying 'bout
You got all those eyes on you
Let that anger out
Who you blaming now
When that guilt does the thinking for you?

And there ain't enough shit I could do to break through And there ain't enough blood I could bleed out for you You're a bottomless pit I keep falling into Your insufferable split-personality blues

Settle down Why can't you settle down Why can't you