

Storm Tossed

Matisyahu

This loneliness keeps creeping in
Just when I start to feel good again
My heart can't take the pain I see
It's everywhere surrounding me

It's overwhelming the air I need
To breathe a bit of sanity
And while I try to fight and speak
I lose the words defending me
You-we-u-ooohhhh
Git up git up git up, ooohhh

Can I find a better way
To make or take my own delay
Internalize my own mistakes
Then visualize my future breaks

Could I be so wrong to think
There was a time when I could think
Without the use of modern links
Interpreted without a drink

Dressing words with every inch
Caressing lines with passing ink
Embracing phrase in subtle hint
When every praise has went away

Interpreting the voice of change
Nurturing the rearrange
Unleash the beast locked in the cage
Determine to return with rage

This loneliness keeps creeping in
Just when I start to feel good again
My heart can't take the pain I see
It's everywhere surrounding me

It's overwhelming the air I need
To breathe a bit of sanity
And while I try to fight and speak
I lose the words defending me
Ooooh-oh-oh-oh
Defending me
Ooooh-oh-oh-oh

I'm breathing deeply
Up in this darkness
I try my hardest
To carve the largest
Hole up in my heart
Fire the dart
And hit the target
Hit the mark
Follow the wordplay
Follow the day
Chasing the feeling
Up and down again

Like an escalator
Like an elevator
I'm flying and falling and trying
Stalling and crying and lying
Til I find my truth
And come back to you

Cuz, man, this loneliness keeps creeping in
Just when I start to feel good again
My heart can't take the pain I see
It's everywhere surrounding me

It's overwhelming the air I need
To breathe a bit of sanity
And while I try to fight and speak
I lose the words defending me
Ooooh-oh-oh-oh
Defending me
Ooooh-oh-oh-oh

Materialistic compromise
Of every future enterprise
When greed is not the cause or drive
To keep the market satisfied
Let's changed the way we live today
Undoing all our blind mistakes
Our dreams are there to pave the way
To make tomorrow great again
Gotta get up, get up, get back to you
Now get up, get up, get back your truth
Untie these knots, untie the noose
Let free to live loose
Go forth, go forth, and pray for strength
Oohhhh

Cuz, man, this loneliness keeps creeping in
Just when I start to feel good again
My heart can't take the pain I see
It's everywhere surrounding me

It's overwhelming the air I need
To breathe a bit of sanity
And while I try to fight and speak
I lose the words defending me
Ooooh-oh-oh-oh
Defending me
Ooooh-oh-oh-oh

Speak from your heart
Put down the pen
Headphones on and get lost
In this music and the moment
Raise yourself so soft
And take off, storm-tossed
Stay risen, drizzlin
Like the eyes of a villain
And stay chillin
My thoughts run to you like a quill
Stitched up for the feeling
I need that healing
So go forth and pray for strength
Gotta get up, get up, get back to you
Get up, get up, get back your truth

Untie these knots, untie the noose

This loneliness keeps creeping in
Just when I start to feel good again
My heart can't take the pain I see
It's everywhere surrounding me

It's overwhelming the air I need
To breathe a bit of sanity
And while I try to fight and speak
I lose the words defending me