

## Black and Blue

Manfred Mann's Earth Band

I been working so hard my backs near broke  
My brows are wet and my throat's a choke  
You sent me here for ten long years  
I miss my whiskey I miss my beer  
Ain't seen a gal since I don't know when  
And the way you treat me won't see one again

Well, you can beat me  
You can try to break me  
Still I'll say to you  
You'll never break my spirit  
When my body's black and blue

Well in my arm there's a dreadful pain  
It's hard digging ditches with a ball and chain  
You broke my back cause I spat on a guard  
That don't make me no better, that just makes me hard  
Your water it stinks 'cause it comes from a bog  
And the food you serve me ain't fit for a dog

You can beat me  
You can try to break me  
And still I'll say to you  
You'll never break my spirit  
When my body's black and blue