

Keep Getting Up

Mandisa

Wouldn't it be nice if we could get it right the first time?
But that's not how it goes for most
Change seems like it takes a lifetime
But He is patient with us and He invites us to trust
And hold onto hope, never let go
His love will always meet us there

When we get knocked down one more time
We swing hard but lose the fight
Don't forget that the battle's won
When we keep getting up, keep getting up

Wouldn't it be great if when we fall we didn't stay down so long?
Or get caught up in the past, keeping track of all the times it went wrong
What if we remembered we are loved and we believed that it's enough?
To inspire us and light a fire in us to get up and try again

When we get knocked down one more time
We swing hard but lose the fight
Don't forget that the battle's won
When we keep getting up, keep getting up
So we keep getting up, keep getting up

It's not gravity that tethers us to the ground
What if it's only doubt and we can somehow shut it out
Get mad and shout, "I won't stay down"

When we get knocked down one more time
We swing hard but lose the fight
Don't forget that the battle's won
When we keep getting up, keep getting up
So we keep getting up, keep getting up
Keep getting up

Lift your eyes, you are not alone
So keep getting up