

Ups And Downs

Manafest

Gave up
Gave in
Gave everything
Got hit
Got up
Got enemies
My memories
No friend to me
Cut me I bleed
Feeding the machine
What hurt the most
Stab my throat
Rock the boat
Left to choke
All alone
I turn into an animal
Ambushed and pushed
Until my ankles broke
Still standing
I know something you don't

How did I come so far
Just to lose it all
Will I fall apart
Gave it all I got
It's dark before the dawn
Gets hard to carry on
The way to overcome
Is looking up

Gotta get ready for the rain again
Dark clouds and skies ahead
Ups and downs, try to understand
I put my face to the sun when I can
Till the rain again
Dark clouds and skies ahead
Ups and downs, try to understand
I put my face to the sun when I can

Fell off
Fell out
Failed miserably
Lost love
Lost drive
Lost energy
My legacy
New identity
Won't bend a knee
I'm back up on my feet
A long road
Overthrown
Heaven knows
For the throne
Back home
I came in with the antidote
Can't move me
I've grown and now ye comatose

No damage
Stronger then I've ever known

How did I come so far
Just to lose it all
Will I fall apart
Gave it all I got

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How did I come so far
Just to lose it all
And if I fall apart
Least I gave it all I got
Till then I'll never stop
But I don't know where to start
And if I fall apart
Least I gave it all I got
Till then I'll never stop, stop, stop

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I put my face to the sun when I can

How did I come so far
I put my face to the sun when I can
Will I fall apart
I put my face to the sun when I can
It's dark before the dawn
I put my face to the sun when I can
The way to overcome
I put my face to the sun when I can