Soldier

Manafest

Stand your ground, soldier. Lift your head up.

You are stronger than you think bolder than you believe, smarter than you kn $\ensuremath{\text{ow}}$

And loved more than you could ever imagine

I'd rather live a life full of oh wells than a life full of what ifs What ifs are dreams never started?

What ifs are chances never taken? Curiosities about what it could have been like

There's no shame in the negative thoughts you're having to fight every day But it's what you do with those thoughts that matters

Just because you have a thought doesn't make it yours and it doesn't make it true

And it can be exciting, right? Like what if this works out What if they're the one? What if this is the million dollar idea I've been looking for

But until you make that decision to put pen to paper Until you take that moment to put emotion in your mind, it's just a dream

And those what ifs evolve into what happened

Where did the time go? And what if I'm too late? It's not a coincidence you're still alive to

Hear these words because you were born for a purpose

The world needs you. Your friends need you. Your family needs you.

And I know you got that thing on your mind, that one thing that you've been always telling yourself to do

There are only so many days left and I want you to live them to your fullest So hear me when I say this, failing and making mistakes, it's all part of the process

Because that fall, that oh well, that's when you learn

There is something unique on the inside of you that only you can offer this world

No one has the same voice print, toe print

You are unique in the universe. Your story's not done yet. Why? Because you're still here fighting

You're still here writing your story

So turn the page, but don't close the book. And that's when opportunities ac tually happen.

That's when you get smarter

Every muscle that breaks down is rebuilt and becomes even stronger You are a muscle and there's no way to grow

There's no way to flex until you go

Because those oh wells are signals that you're getting it a shot

That you're more than just talk, but you walk the walk too

And yeah, you might stumble like a kid, but you get back up, you keep going You learn to walk and you learn to run. But what have you been running from

Right through those pains, right through the heartache and disappointment Write yourself into victory because you're still here
You might not win every battle, but you will win the war
You were built to last and you can get through this

Even though you walk through the valley of the shadow of death, fear not Forgive yourself. Let it go. It's not your fault

Some things are just out of your control, but don't let one disappointment d etermine your destiny

I want you to turn around, look forward and look at all the amazing things y ou'll be running toward

You got this

There's only one place left to go

Uр

The most successful people have known defeat Battled their inner demons Pummeled their minds into submission

Vanquished their enemies and fought bravely until they won And you too will find a way out
Where there seems to be no way

God will make a way

Never make the biggest decision of your life in your worst mood You are more precious to this world than you'll ever know So let the tears fall

Stand proud and tall

Shout and let the world know there's a fire burning on the inside of your so ul

Destiny is calling Will you answer

Stand your ground, soldier

Lift your head up

You are stronger than you think, bolder than you believe, smarter than you k now

And loved more than you could ever imagine

Hold on