Don't send me an email
I don't wanna hear it
Don't blame me for things that
I didn't do
Don't leave me a note where
You think I will see it
What makes you think I
Want something from you

'Cause if I have to
I'll kill off my better self
I promise you that I will
I promise you that I will
You know if I have to
I'll kill off my better self
Because it's not my job to make you well
It's not my job to make you well
It's not my job to make you well

Some people lash out
Some people shrink
I think that it's too soon
To know which you will be
I turn it all inwards
They say that's what makes you sad
But I'm not a kid now
And you're not from the past

So if I have to
I'll kill off my better self
I promise you that I will
I promise you that I will
You know if I have to
I'll kill off my better self
Because it's not my job to make you well
It's not my job to make you well
It's not my job to make you well

Don't know why I do it
I'm a bird with a broken wing
I need something to care about
I need someone to care for me
Do you want some company
Do you need some comforting
And I will take care of you
But not if it's bad for me

You know if I have to
I'll kill off my better self
'Cause you gotta protect yourself
You gotta protect yourself
You know if I have to
I'll kill off my better self
Because it's not my job to make you well
It's- it's not your job to make me well
It's not your job to make me well
My job to make you well

It's not your job it's not my job
To make you well