

Your head is quicksand
And you sink into it
Now you're misled with no way out
Your heart is distant
You throw yourself against the wall
To feel anything at all

Your life's a Labyrinth
Of places you've never been
Follow one wall to the end

You're coming up for breath, looking for a hand
You're running down a path you don't understand
In this unforgiving world
Break your neck looking back to see what you had
But never face the facts, cause they make you mad
Now you're right back where you were

Your bed's a prison
Your spine is twisted up in knots
You toss and turn in all your thoughts
When your mind is unkind
And you can't reason with it
You pick sides and cut ties
But you're still losing

You're coming up for breath, looking for a hand
You're running down a path you don't understand
In this unforgiving world
Break your neck looking back to see what you had
But never face the facts, cause they make you mad
Now you're right back where you were

Don't follow me
Cause I'll lose my way again
Just fall away
Cause you'll end up back where you began
Don't follow me
Cause this road leads to an end
Just fall away
Cause you'll end up back where you began

You're coming up for breath, looking for a hand
You're running down a path you don't understand
In this unforgiving world
Break your neck looking back to see what you had
But never face the facts, cause they make you made
Now you're right back where you were

Don't follow me
Cause I'll lose my way again
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Cause you'll end up back where you began