

## Let It Go

Madina Lake

We all make mistakes  
with heads full of memories  
that you can't erase (unless you feel it, you'll never forget it)  
So you push the pain below,  
hiding all your enemies  
and there they grow, unless you find 'em, you'll never forget 'em

Ya know you have to feel the pain,  
let it hurt, let it rain (let it rain)  
Cuz if you bury it away, it will come back again and again.  
Let it go.

We've all been through things,  
victims of the worlds disease  
and yet we blame ourselves (unless you feel it, you'll never forget it)  
You know it's not your fault,  
but you've gotta get it out somehow  
cuz if you deny it, you'll never find it, you're gonna regret it

Ya know you have to feel the pain,  
let it hurt, let it rain (let it rain)  
Cuz if you bury it away, it will come back again and again.  
Let it go.

Every time you're under it  
the guilt claims your innocent  
the farther down you go.  
And every time you bury it,  
the shame, the loss, and the regret  
can all be over if you just feel it, so never forget it.

Ya know you have to feel the pain,  
let it hurt, let it rain (let it rain)  
Cuz if you bury it away, it will come back again and again.  
Let it go.