

My Worst

Madilyn Bailey

Spent the last year with my thoughts
Doing yoga and a detox, drinking
Green tea and I stopped watching TV
I thought that I was doing better
My demons were waiting for the
Right chance to come right back
Lost my friends, killed my plants, oh well
Nothing ever lasts forever

My dominoes in a row
Watch me knock 'em over
Only one way I can go
At the top of the roller-coaster

When things are at their best I become the worst
You can't break my heart if I break it first
I wonder when it's good, how bad it's gonna hurt
'Cause some part of me thinks that's what I deserve, so

I become my worst, my worst, my worst, yeah, yeah
I become my worst, my worst, my worst

When I'm stressed out, I get busy, forget
To eat, get real skinny, then I
Worry that I'm wasting
Half my twenties being worried

Building up my house of cards
Watch me knock it over
It's like I wanna fall apart
At the top of the roller-coaster

When things are at their best I become the worst
You can't break my heart if I break it first
I wonder when it's good, how bad it's gonna hurt
'Cause some part of me thinks that's what I deserve, so

I become my worst, my worst, my worst, yeah, yeah
I become my worst, my worst, my worst

Cross my fingers, hope to die, I
Swear that it'll be different this time

When things are at their best I become my worst
You can't break my heart if I break it first
I wonder when it's good, how bad it's gonna hurt
'Cause some part of me thinks that's what I deserve, so

I become my worst, oh, yeah-yeah
I become my worst, my worst, my worst, oh
I become my worst, my worst, oh yeah
I become my worst, mmh